Bethany N. Berger

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**Employment Objective:**  To obtain a full-time position as aHealth and Physical Education Teacher.

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**Education, Certifications:**

**September 2008- May 2012 The Pennsylvania State University University Park, PA**

* Bachelors of Science Kinesiology, K-12 Health and Physical Education Certification.
* Final GPA of 3.46, Dean’s List (Fall 2009- Spring 2010).
* AAHPERD and PSAHPERD Member.
* Adult & Pediatric First Aid, CPR/AED Certification.
* ConcussionWise and CardiacWise Sports Safety Certification.

**Related Experience:**

**January 2013 - June 2013 Greencastle-Antrim School District Greencastle, PA**

**Long-Term Substitute Position: Greencastle High School**

* Instructed class grades 9-12 in Physical Education and 9th grade Health.
* Took part in the instruction of Elective Physical Education, using a Weight Training and

Fitness for Life classes.

* Organized and lead anti-bullying activities using the OLWEUS bullying prevention program.
* Lead Junior Class Advisement Program and Career Program.
* Familiarized and utilized the use of PowerSchool.

**August 2012 - January 2013 Area School Districts Greencastle, PA**

**Substitute Teacher**

* Instructed classes in all subjects in the following school districts: Chambersburg Area S.D.,

Waynesboro Area S.D., and Greencastle-Antrim S.D.

**January 2012- May 2012 Philipsburg-Osceola Area School District Philipsburg, PA**

**Student Teaching Practicum Experience: Elementary School**

* Instructing students in physical education classes.
* Administered assessment formative performance based assessment.
* Organized the demonstration of the XBOX Kinect collaborating Best Buy with my

school’s community.

**Student Teaching Practicum Experience: High School**

* Instructed students in physical education and health education.
* Administered assessments to the students based on their performance of volleyball skills

and their understanding of concepts during health class.

* + Organized and taught lessons to my classes on volleyball, badminton, fitness, and low

organized games.

**September 2011- December 2011 The Pennsylvania State University University Park, PA**

**In-Class Teaching Experience**

* Organized and taught classes in the State College School District in the fitness areas of

muscular strength and cardiovascular endurance, as well as starting units of Ultimate Frisbee

and Volleyball at the Middle School level.

* + - Organized and taught 5th grade elementary classes in the skills of overhand throwing, underhand

throwing, and gymnastics.

* Organized and taught an 11th grade health class at State College High School.

**In-Class Assessment Experience**

* Administered Performance-Based Assessments at all levels (elementary, middle, high) of

physical education and health education.

* Administered fitness testing to students at Middle School level.

**September 2010-May 2011 The Pennsylvania State University University Park, PA**

**Teaching Experience**

* Organized and taught lessons of individual and team sports to my peers .
* Organized and taught lessons in all fitness areas (strength, flexibility, endurance, and

body composition) to peers as well as students at the elementary and high school level.

* Organized and taught lessons on the topics of: trust activities, communication/teambuilding

activities to my peers.

**June 2010- July 2010 Greencastle-Antrim School District Greencastle, PA**

**Summer Camp Aid**

* Aided in the organization of camp for elementary age students.
* Assisted in the creation of activities and games for the students.

**Leadership/Honors:**

**August 2009- May 2012 The Pennsylvania State University University Park, PA**

* PSAHPERD Presenter at 2012 Conference (November 2011).
* Phi Kappa Phi Honor Society Member (March 2011).
* PHETE Club Member (January 2010- Present), Secretary (January 2011),

THON Chair (August 2011).

* THON Club Chair- Penn State Mont Alto (August 2009- August 2010).

**Employment/Volunteer Work:**

**January 2013 - Present Greencastle Antrim School District Greencastle, PA**

**Middle School 8th Grade Girls Volleyball Coach**

* Organized and coordinated 8th grade volleyball team throughout the season.

**June 2012 - August 2012 State College Area School District State College, PA**

**Sports and Shorts Summer Camp: Group Leader**

* Organized and coordinated students grades 1-6 in outdoor and indoor activities for

groups with a focus on grade 3.

**January 2012 - May 2012 Philipsburg-Osceola High School Philipsburg, PA**

**Fitness Center and Weight Room Aid**

* + Volunteered time after school working with students to help them reach their fitness goals

by helping them with workouts and aiding them with their form.

* + Ran students through workouts such as p90x.

**Volleyball Team Aid**

* + Volunteered with high school volleyball team in practice drills and scrimmages.

**Spring 2009 - December 2009 Pennsylvania State Mont Alto Gymnasium Mont Alto, PA**

**Work Study**

* Monitored fitness center, aided and assisted and with students’ personal fitness goals

via create personalized workout and nutrition plans.