**KINES 469W**

**SCOPE and SEQUENCE – Middle School Physical Education**

**Name: Darryn Cian, Beth Berger, Jared Brown**

|  |  |  |  |
| --- | --- | --- | --- |
| **UNIT** | **Grade****6** | **Grade****7** | **Grade****8** |
| Outdoor (Capture the Flag, Hiking, Mountaineering)AquaticsLacrosseTeam HandballUltimate FrisbeeFlag FootballPickle Ball VolleyballFloor HockeySpeedballBadmintonBasketballSquash | XXXXXXX | XXXXXXXXX | XXXXXXX |

**KINES 469W**

**Scope and Sequence Project**

**Name: Darryn Cian, Jared Brown, Beth Berger**

**Time Per Unit – Grade 6 from Middle School**

|  |  |
| --- | --- |
| **UNIT – for Grade 6** | **# Weeks Offered** |
| AquaticsTeam HandballUltimate FrisbeeVolleyballFloor HockeyPickle BallBasketballOpen Fitness Testing | 445554522 |
| **TOTAL** | **36** |

**HOW DID YOU ARRIVE AT YOUR “TOTAL” NUMBER OF WEEKS, BOTTOM AT LEFT? SHOW HERE:**

**180 days a year**

**5 days a week**

**=**

**36 weeks a year**

**KINES 469W**

**SCOPE and SEQUENCE – High School Physical Education**

**Name:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **UNIT** | **Grade****9** | **Grade****10** | **Grade****11** | **Grade** **12** |
| **Required Physical Education:** Net Games (Volleyball, Tennis, Ping Pong) Track and Field Handball  | XXX |  |  |  |
| **Electives:**OutdoorCross Country Skiing Mountain BikingGeocaching OtherFencingGolfArcheryRoller SkatingFitness Component UnitWeight LiftingYogaDanceWater GamesWater PoloWater AerobicsSwimming Technique | XXX | XXXXXXXX | XXXXXXXXXX | XXXXXXXX |

**KINES 469W**

**Scope and Sequence Project**

**Name:**

**Time Per Unit – Grade 9 from Middle School**

|  |  |
| --- | --- |
| **UNIT – for Grade 9** | **# Weeks Offered** |
| Net GamesTrack and FieldHandballRoller Skating Open Fitness Testing | 555111 |
| **TOTAL** | **18** |

**HOW DID YOU ARRIVE AT YOUR “TOTAL” NUMBER OF WEEKS, BOTTOM AT LEFT? SHOW HERE:**

**180 days a year**

**5 days a week**

**=**

**36 weeks a year**

**36 weeks a year**

**2 halves of the year**

**=**

**18 weeks a year**